**REQUIRED TEXTBOOK Nursing III**

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| Nursing Kit | Nursing kit of supplies **required** for all nursing III students. This kit is only available at the college bookstore. |
| Kaplan | **Kaplan Access Card** Available only in the college bookstore. Card, along with paid receipt must be shown to your lead instructor on the ***first day of classes***. This will allow for online secure access to the Kaplan home page, which provides study skills, workshops, practice tests, secure tests, test results, remediation resources and NCLEX-RN® prep materials. |
| Lippincott | DocuCare Access (online purchase at thepoint.lww.com) |
| Ward & Hisley | Maternal-Child Nursing Care: Optimizing Outcomes for Mothers, Children & Families, (2016) 2nd Ed., F.A. Davis  (ISBN: 978-0-8036-3665-1) |
| Ward & Hisley – Companion Book | Maternal-Child Nursing Care: Optimizing Outcomes for Mothers, Children & Families – The Women’s Health Companion to Accompany (2016) 2nd Ed., F.A. Davis  (ISBN: 978-0-8036-3665-1) |
| **OPTIONAL Book for Nursing III:** | |
| Green | Maternal Newborn Nursing Care Plans, 3rd Ed., Jones & Bartlett  (ISBN: 9781284038538) |
| **BOOKS USED IN NURSING I (NUR 101) & NURSING II (NUR 102)** | |
| **BOOKS USED IN NURSING I (NUR 101)** | |
| Halter | Foundations of Psychiatric Mental Health Nursing, 2014, 7th Ed.  (ISBN: 978145575358) |
| Potter & Perry | Fundamentals of Nursing 2013, 8th Ed., Evolve  (ISBN: 9780323079334) |
| Perry & Potter | Clinical Nursing Skills & Techniques, 2014, 8th Ed., Evolve  (ISBN: 9780323083836) |
| Mulholland | The Nurse, the Math, the Meds: Drug calculations using dimensional analysis,  2nd Ed., Evolve  (ISBN: 9780323069045) |
| Van Leeuwen, Poelhusis-Leth & Bladh | Davis’s Comprehensive Handbook of Lab & Diagnostic Tests w/Nursing Implications, 5hEd., F.A. Davis  (ISBN: 9780803644052) |
| Deglin & Vallerand | Davis’s Drug Guide for Nurses w/CD ROM, 13th Ed., F.A. Davis  (ISBN: 9780803639768) |
| McHugh Schuster | Concept Mapping: A Critical Thinking Approach to Care Planning, 3rd Ed., F.A. Davis (ISBN: 9780803638488) |
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| **BOOKS USED IN NURSING II (NUR 102)** | |
| Hinkle & Cheever | Brunner & Suddarth’s Medical Surgical Nursing, 13th Ed, Lippincott (ISBN:9781451130607) |
| Zerwekh & Garneau | Nursing Today: Transition & Trends, 8th Ed., Elsevier, 2014  (ISBN: 9781455732036) |
| **OPTIONAL BOOKS:** | |
| Ackley & Ladwig | Nursing Diagnosis Handbook, 2014, 10th Ed., Mosby  (ISBN: 9780323085496) |
| Taber’s | Taber’s Cyclopedic Medical Dictionary, 22nd ED.,F.A. Davis  (ISBN: 9780803629783) |
| Nugent & Vitale | Test Success: Test- Taking Techniques for Beginning Nursing Students, 7th Ed.,  F.A. Davis  (ISBN: 9780803644182) |
| Dunham | How to Survive & Maybe Even Love Nursing School¸2008, 3rd Ed. F.A. Davis  (ISBN: 9780803618299) |
| Colgrove, Cadenhead & Hargrove-Huttel | Med-Surg Test Success: Applying Critical Thinking to Test Taking, 2nd Ed, 2011  (ISBN: 9780803625044) |
| American Psychological Association | Publication Manual of the American Psychological Association, 6th Ed.  (ISBN: 9781433805615) |
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**CARE OF THE NEW FAMILY**

These readings have been chosen to give you an overview of the scope and practice of caring for the growing family.

NOTE: Use the online resources available with purchase of the test. Read the CRITICAL NURSING ACTION boxes and the NURING INSIGHT boxes throughout the chapter. Remember to review the summary points and do the review questions at the end of each chapter.

***Week 1***

**CARE OF THE NEW FAMILY**

INTRODUCTION: INTIMACY VS. ISOLATION

Readings:

**Ward:**

Chapter 1

Chapter 2

Chapter 3

Chapter 4: breast self-examination pp. 112-113

Chapter 9: diminishing stress and improving pregnancy outcomes pp. 249-278

\* The understanding of key prenatal and labor and delivery concepts is necessary in order to facilitate postpartum family care.

1. Baseline Data
   1. Definitions of terms
      1. Antepartum
      2. Intrapartum
      3. Postpartum
      4. Gravida
      5. Parity
      6. Gestation
      7. Term
   2. Anatomy and Physiology (overview)
      1. Internal and external reproductive organs
         1. breasts and nipples
         2. uterus
         3. perineum
         4. rectum
2. Nursing process
   1. Assessment data
      1. Client history/profile
         1. Maslow hierarchy of needs
            1. Risk assessment
            2. Physical assessment
            3. Pertinent prenatal lab tests and data
            4. Determination of length of gestation
            5. Labor data
            6. Method of delivery
            7. Analgesia/Anesthesia
   2. Data Analysis: Common Nursing diagnoses
      1. Actual
      2. Risk
      3. Wellness
   3. Expected outcome statement for family
   4. Interventions with rationales
      1. Evidence-based standards
   5. Evaluation

OUTLINE FOR INTRODUCTION TO CARE OF THE NEW FAMILY

1. Baseline data
   1. Current issues in maternal-newborn care
   2. Statistics related to families/mortality and morbidity
   3. Social and cultural issues
2. Nursing process
   1. Assessment: data collection - needs assessment associated with the following:
      1. Social, cultural and religious influence on the child
      2. Family structure
      3. Major trends in growth and development
      4. Communication with children
      5. Overview of current perspectives in maternal-newborn nursing:
         1. Nursing roles and standards of care
         2. Legal and ethical aspects
         3. Biomedical technology
3. Data analysis:
   1. Ineffective coping R/T role change
   2. Altered family processes R/T birth of newborn
   3. Altered role performance R/T change in roles
4. Expected outcomes
5. Nursing interventions and rationale
6. Evaluation

**CARE OF THE NEW FAMILY**

PHYSIOLOGICAL TRANSITION AND NEEDS OF THE NORMAL NEWBORN

Readings:

**Ward:**

Chapter 12: immediate care of the newborn pp. 463-466

Chapter 15: newborn nutrition pp. 575-589

Chapter 17

Chapter 18

Chapter 20: newborn/infant growth and development pp. 770: Physiological Developmental Milestones pp. 755-773, Box 20-5

*Refer to appropriate drug classifications relative to this area.*

**OUTLINE**

1. Baseline data
   1. Normal growth and development
      1. Biologic
      2. Psychosocial
      3. Cognitive
   2. Physiological response to birth
   3. Psychosocial and cultural factors
   4. Terminology
2. Nursing process
   1. Assessment: data collection
      1. Diagnostic tests
      2. Laboratory data
   2. Needs assessment of the normal newborn:
      1. Apgar score
      2. Gestational age assessment
      3. Physiological adaptations
         1. Vitamin K
         2. Eye care
         3. Cord care
         4. Physiologic jaundice
      4. Neurological status
      5. Behavioral patterns
      6. Oxygenation
      7. Temperature control
      8. Sleep
      9. Nutrition
      10. Prevention of infection
      11. Newborn screening (PKU)
      12. Allergic response
          1. Diaper rash
          2. Cradle cap
      13. Parent education
          1. Handling
          2. Bathing
          3. Wrapping
          4. Dressing
          5. Feeding (breast and bottle)
          6. Elimination
          7. Circumcision
          8. Safety
          9. Vaccinations
          10. When to call pediatrician
          11. Cord care
      14. Maternal-infant interaction and bonding
3. Data analysis: common nursing diagnoses
   1. Ineffective airway clearance R/T mucus obstruction
   2. Ineffective thermoregulation R/T hypothermia secondary to inadequate subcutaneous tissue
   3. Risk for alteration in tissue perfusion R/T decreased body temperature
   4. Ineffective feeding pattern R/T poor sucking reflex
   5. Ineffective family coping R/T birth of potentially ill newborn
4. Expected outcomes
5. Nursing interventions and rationale
6. Evaluation

**CARE OF THE NEW FAMILY**

CARING FOR THE POSTPARTAL WOMAN AND HER FAMILY

Readings:

**Ward:**

Chapter 12: episiotomy section pp. 455-456

Chapter 13: nerve block analgesia and anesthesia pp. 490-499

Chapter 15: postpartum care pp. 553-575; 587-599

*Refer to appropriate drug classifications relative to this area.*

OUTLINE

1. Baseline data
   1. Physiology (review)
   2. Psychosocial and cultural factors
   3. Terminology
   4. Risk factors
2. Nursing process
   1. Assessment: data collection
      1. Diagnostic tests
      2. Laboratory data
      3. Needs assessment of a postpartum client:
         1. Physiological needs
            1. Oxygen
            2. Fluids and electrolytes
            3. Nutrition
            4. Elimination
            5. Activity and exercise
            6. Comfort
            7. Vaginal vs. Cesarean delivery
         2. Safety and security needs
            1. Discharge teaching – self-care, danger signs
            2. Discharge teaching – parenting
         3. Love and belonging needs
            1. Parent-infant bonding
            2. Resumption of sexual activities/contraception
            3. Role integration
         4. Self-esteem needs
            1. Family wellness
            2. Postpartum "blues"
   2. Data analysis: common nursing diagnoses
      1. Self-care deficit R/T knowledge deficit secondary to normal
      2. Psychological changes in postpartum period
      3. Altered comfort R/T to episiotomy, sore nipples, breast engorgement, hemorrhoids
      4. Anxiety R/T change in role function
   3. Expected outcomes
   4. Nursing interventions and rationale
   5. Evaluation

***Week 2***

**CARE OF THE NEW FAMILY**

CARING FOR THE WOMAN EXPERIENCING COMPLICATIONS DURING THE POSTPARTAL PERIOD

Readings:

**Ward:**

Chapter 11: substance abuse pp. 390-391

Chapter 16

*Refer to appropriate drug classifications relative to this area.*

OUTLINE

1. Baseline data
   1. Physiology (review)
   2. Psychosocial and cultural factors
   3. Terminology
   4. Risk factors
2. Nursing process
   1. Assessment: data collection
      1. Diagnostic tests
      2. Laboratory data
      3. Needs assessment of a client with postpartum complications:
         1. Alterations in oxygenation
         2. Hemorrhage
            1. Uterine atony
            2. Retained placenta
            3. Hematomas/lacerations
            4. Subinvolution
         3. Thrombus formation
      4. Alterations in safety
         1. Postpartum infections
         2. Mastitis/Endometritis
         3. Substance abuse
         4. Postpartum depression
         5. Postpartum psychosis
   2. Data analysis: common nursing diagnoses
      1. Altered peripheral tissue perfusion R/T interrupted venous flow
      2. Fluid volume deficit R/T excessive bleeding
      3. High risk for infection R/T tissue trauma
      4. Risk for altered parent-infant attachment R/T hormonal imbalances
   3. Expected outcomes
   4. Nursing interventions and rationale
   5. Evaluation

***Week 3***

**CARE OF THE NEW FAMILY**

NEEDS OF THE NEWBORN AT RISK

Readings:

**Ward**:

Chapter 19

Chapter 25: HIV in the neonate: pp. 974-979

Chapter 26: congenital heart disease pp. 1022-1029

Chapter 35: Evidence Based Practice, pp. 1411; Table 35-1 and figures 35-2 a & b, pp 1419; Nursing Insight: Nursing Role during intubation figure 35-3, pp. 1420

*Refer to appropriate drug classifications relative to this area.*

OUTLINE

1. Baseline data
   1. Physiology (review)
   2. Psychosocial and cultural factors
   3. Terminology
   4. Risk factors
2. Nursing process
   1. Assessment: data collection
      1. Diagnostic tests
      2. Laboratory data
      3. Needs assessment of the high risk newborn:
         1. Abnormal gestational age or size
         2. Nutrition
         3. Infant of a diabetic mother
         4. Respiratory distress syndrome, retinopathy of prematurity (ROP)
         5. Cold stress
         6. Hypoglycemia
         7. Hypocalcemia
         8. Jaundice/kernicterus/hemolytic dysfunction/RH sensitization
         9. Neonatal infections
            1. Sepsis
            2. TORCH infections
         10. Necrotizing enterocolitis
         11. Bronchopulmonary dysplasia
         12. Newborn resuscitation
         13. Cardiac defects (more in week 12)
         14. HIV in infants
         15. Chemical dependence
   2. Data analysis: common nursing diagnoses
      1. Impaired gas exchange R/T respiratory distress secondary to surfactant deficiency
      2. Risk for alteration in nutrition, less than body requirements R/T limited intake
      3. High risk for injury to CNS involvement R/T electrolyte imbalance
   3. Expected outcomes
   4. Nursing interventions and rationale
   5. Evaluation

***Week 4***

**THE PRENATAL JOURNEY**

REPRODUCTION AND HUMAN SEXUALITY,

PHYSIOLOGICAL & PSYCHOSOCIAL CHANGES DURING PREGNANCY,

THE PRENATAL ASSESSMENT & PROMOTING A HEALTHY PREGNANCY,

CARING FOR THE WOMAN EXPERIENCING COMPLICATIONS DURING PREGNANCY

Readings:

**Ward**:

Chapter 5

Chapter 7

Chapter 8

Chapter 9: The adolescent: pp. 278-287

Chapter 10: Promoting a healthy pregnancy: pp. 293-323

Chapter 14: oligohydramnios and hydramnios: pp. 526

Website: aidsinfo.nih.gov

*Refer to appropriate drug classifications relative to this area.*

OUTLINE

1. Baseline data
   1. Physiology
   2. Psychosocial and cultural factors
   3. Terminology
2. Nursing process
   1. Assessment: data collection
      1. Needs assessment of the Antepartum client
         1. Physical and psychological adaptations to pregnancy
         2. Common discomforts of pregnancy
         3. Self-care needs during pregnancy
            1. Breast care
            2. Clothing
            3. Bathing
            4. Travel
            5. Exercise
            6. Sexual activity
            7. Exposure to teratogenic substances
         4. Adolescent pregnancy
         5. Older expectant pregnancy
         6. Nutrition
      2. Needs assessment of the client with Antepartum complications:
         1. Common causes of bleeding during pregnancy
            1. First trimester

Abortion

Ectopic pregnancy

* + - * 1. Second trimester

Hydatidiform mole

Incompetent cervix

* + - * 1. Third trimester

Placenta previa

Abruptio placenta

* + - 1. Diabetes mellitus
      2. Hyperemesis gravidarum
      3. Chronic hypertension
      4. Pre-eclampsia and eclampsia/DIC
      5. HELLP syndrome
      6. Hydramnios
      7. Screening and diagnostic tests for fetal well being
      8. Rh alloimmunization
      9. HIV
      10. Chemical dependence
  1. Data analysis: common nursing diagnoses
     1. Alteration in comfort R/T growing uterus
     2. Knowledge deficit R/T use of medications during pregnancy
     3. Noncompliance R/T lack of understanding of importance of prenatal care.
     4. Self-concept, disturbance in body image R/T pregnancy
     5. Altered tissue perfusion: peripheral R/T impaired venous circulation to extremities, imbalance between oxygen supply and demand to fetus, secondary to decreased cardiac output
     6. Fluid volume deficit R/T abnormal fluid loss secondary to vomiting, abnormal blood loss
     7. Knowledge deficit R/T limited exposure to information: insulin dosage and administration
     8. Risk for ineffective coping R/T unknown outcome of pregnancy
  2. Expected outcomes
  3. Nursing interventions and rationale
  4. Evaluation