

BOOKS AND EQUIPMENT USED IN NURSING I (NUR 101)

REQUIRED:

Nursing I Kit	Equipment kit of nursing supplies required for Nursing I students. This kit is only available in the college bookstore.
Kaplan Nursing	<u>The Basics Book</u> . <i>Available only in the college bookstore</i> , text along with paid receipt must be shown to instructor on first day of classes. This will allow for online secure access to Kaplan homepage which provides study skills workshops, practice test, secure tests, test results, remediation resources and NCLEX-RN® prep materials.
Daniels, Joanne & Loretta Smith	<u>Clinical Calculations</u> , 2005, 5 th Ed., Delmar (ISBN 9781401858490)
Craven, Hirnle	<u>Fundamentals of Nursing</u> , 7 th Ed., 2013 Lippincott (ISBN 9781605477282)
Dudek	<u>Nutrition Essentials for Nursing Practice</u> , 6 th Ed., Lippincott (ISBN 9780781784542)
Smith and Duell	<u>Clinical Nursing Skills: Basic to Advanced Skills</u> , 2012 8 th Ed., (ISBN 9780135114735)

The following is a 3 book collection – (ISBN for all 3: 9781437732696)

1. Ackley & Ladwig	<u>Nursing Diagnosis Handbook</u> , 2011, 9 th Ed., Mosby (ISBN for all 3 books plus e-book 9781455720327)
2. Cherry & Jacob	<u>Contemporary Nursing: Issues, Trends and Management</u> , 2010, 5 th Ed.
3. Varcarolis, Shoemaker & Carson	<u>Psychiatric Mental Health Nursing</u> , 2010, 6 th Ed., Saunders

ISBN # for 3 book set (listed above) PLUS EBOOK is: 9781455780327

This is a 3 book collection – (ISBN for all 3: 9780803628618)

*1. Van Leeuwen & Poelhusis-Leth	<u>Davis's Comprehensive Handbook of Lab. & Diagnostic Tests w/nursing Implications</u> , 4 th Ed., F.A. Davis
2. Deglin & Vallerand	<u>Davis's Drug Guide for Nurses w/CD ROM</u> , 13 th Ed., F.A. Davis
3.	<u>Taber's Cyclopedic Medical Dictionary</u> , 21 st Ed.

OPTIONAL BOOKS:

Deglin & Vallerand	<u>Med Deck</u> , 12 th Ed., F.A. Davis, (ISBN 9780803623293)
Lehne, Hamilton, Moore & Crosby	<u>Pharmacology for Nursing Care w/CD</u> , 2012, 8 th Ed., Saunders (ISBN 9781437735826)
Nugent & Vitale Students,	<u>Test Success: Test- Taking Techniques for Beginning Nursing</u> 6 th Ed., F.A. Davis (ISBN 9780803618947)
Dunham	<u>How to Survive & Even Love Nursing School</u> , 2008, 3 rd Ed. F.A. Davis (ISBN 9780803618299)

ORIENTATION TO THE PROFESSION OF NURSING

Responsibilities of the SUNY Orange Student in the Nursing Program can be found in the following documents:

SUNY Orange Catalog
SUNY Orange Student Handbook
SUNY Orange Rights and Responsibilities Handbook
Document of Nursing Student Policy

Week I (8/27)

NURSING AND HEALTH

Readings: (See book list for titles):

Daniels & Smith: Appendix A (arithmetic review)

Craven, Hirnle: Chapters 1, 2, 3, 6, 7, 18, 30, 37

Cherry Chapters 1, 2, 3, 4, 5, 6, 7, 11

See Video list for each week's mandatory viewing

Laboratory readings are on weekly lab guide (to be handed out in class)

OUTLINE

- I. Nursing and Health
 - A. The Profession of Nursing
 - B. Evolution of Professional Nursing
 - C. The contemporary image of professional nursing
 - D. Nursing licensure and certification
- II. Health Care Delivery
 - A. Hospital
 - B. Community-based nursing care
 - C. Self care
- III. Professional Nursing
 - A. Professional nursing practice
 1. Standards of practice
 2. Nurse practice acts
 3. Nursing organizations
 - B. Educational preparation and career opportunities
 - C. Nursing theory and conceptual frameworks
 - D. Professional values in Nursing
 - E. Standards of care
 - F. Nursing research and evidence-based practice
- IV. Conceptual Framework of Nursing at OCCC
 - A. Lifespan development
 - B. Nursing throughout the lifespan – Erickson
 - C. Nursing Process
 - D. Assessment of basic needs
- V. Health and wellness
 - A. Wellness health care
 - B. Nursing in wellness
 - C. Complementary and alternative medicine
 - D. Health maintenance
 - E. Financing of health care
- VI. Infection Control
 - A. Asepsis and infection control
 - B. The body's defense against infection

WEEK 2 (9/3)

THERAPEUTIC COMMUNICATIONS; THE OLDER ADULT; SAFETY & SAFE ENVIRONMENTS

Readings:

Daniels & Smith	Chapter 1
Craven	Chapters 4, 5, 9, 22, 23, 35, 36, 40
Varcarolis	Chapters 9, 10, 11, 23 (pp. 528-536), 29
Cherry	Chapters 10, 12, 18, 21, 22

Laboratory readings are on weekly lab guide

OUTLINE

- I. Therapeutic relationships
 - A. Social vs. therapeutic communications
 - B. Self-awareness
 - C. Nurse-patient relationship
- II. The communication process: the nurse-client relationship
 - A. Factors that affect communication
 - B. Verbal and non-verbal communication
 - C. Therapeutic communication techniques
 - D. Non-therapeutic communication techniques
 - E. Effective communication and conflict resolution
- III. Culture and Ethnicity
 - A. What culture is – the characteristics of culture
 - B. Culture and nursing care
 - C. Cultural competency and social issues in nursing and health care
- IV. Safety
 - A. Characteristics of safety over the lifespan
 - B. Self-care and hygiene – alterations in the levels of self care
 - C. QSEN – quality and safety education for nurses
 - D. Workforce advocacy and the nursing shortage
- V. Sensory Perception
- VI. Cognitive Processes
- VII. Stress and adaptation
- VIII. Crisis and disaster
- IX. The older adult
 - A. Physical changes
 - B. Psychosocial needs of the older adult
 - 1. Depression, delirium, and dementia
 - 2. Pain
 - 3. Advanced directives

WEEK 3 (9/10)

THE NEED FOR ACTIVITY AND EXERCISE; INTRODUCTION TO THE NURSING PROCESS; TPR

Readings:

Daniels & Smith Chapter 2

Craven Chapters 10, 11, 12, 13, 14, 17 (pp. 317-329; 335-339, 340-351), 24

Ackley & Ladwig Preface: xv to xvi; xvii-xix; section 1 (pp. 1-12).

Laboratory readings are on weekly lab guide

OUTLINE

- I. Mobility and body mechanics
 - A. Normal mobility
 - B. Alterations in mobility
 - C. Nursing management of patients with altered mobility
 - D. Guidelines for moving patients safely
- II. Nursing Process
 - A. Components of the nursing process
 - B. Sources of information
 - C. North American Nursing Diagnosis Association – NANDA
 - D. Problem solving, decision making, processing information and diagnostic reasoning
 - E. Nursing assessment
 - F. Nursing diagnosis
 - G. Outcome identification and planning
 - H. Implementation and evaluation
 - I. Using the Nursing Diagnosis Handbook
- III. Critical thinking
- IV. Assessing temperature, pulse and respiration
 - A. Temperature
 - B. Pulse
 - C. Respiration
 - D. Pulse oximetry
 - E. Alterations in TPR throughout the lifespan
- V. Dimensional analysis