### PHYSIOLOGICAL:

**OXYGEN: Cardiovascular**
- Skin warm to touch
- Skin color
- Color of nail beds
- Temperature Location
- Radial pulse rate Rhythm
- Apical pulse rate Rhythm
- BP: Location Position
- Peripheral Pulse Pulse ox
- Pain Scale # NU FA
- Capillary Refill

**Respiratory**
- Respiratory rate Rhythm
- Audible breath sounds
- Dyspnea - at rest on exertion
- Cough Sputum None
- Smokes Packs per day
- * Medications

**FLUIDS AND ELECTROLYTES:**
- Presence of thirst some, does not drink water
- Nausea or vomiting
- Presence of edema none
- * Medications

**NUTRITION:**
- Ht Wt
- Ordered diet
- Preferred foods
- % of meal consumed
- Dietary supplement
- Assistance with meals
- Dentures? Upper Lower Partial
- Recent change in weight?
- Problem chewing? Swallowing? Heartburn? Indigestion?
- * Medications
- Laboratory data
- Equipment in use (N/G tube, PEG tube, G tube, etc.)

**ELIMINATION:**
- Urinary:
  - Amount Color Frequency
  - Bathroom Commode Bedpan Incontinent Laboratory data
  - Total output for previous 24 hrs ml Equipment in use
  - Bowel: Amount Color Frequency
  - Normal for client Constipated Diarrhea Incontinent

**MOBILITY AND ACTIVITY:**
- Fall Assessment Score
- Fall risk - High Moderate Low
- Physical therapy working with client?
- * Medications
- Ability to move in bed - Self Assist Immobile Laboratory data
- OOB - Chair Wheelchair Geri-chair Equipment in use (assistive devices)
- Ability to transfer - Self Assist
- Distance able to ambulate Gait

**REST, SLEEP AND PAIN:**
- Reported quality of sleep in hospital
- Observable signs of pain - Grimacing Posturing Moaning
- C/O Pain
- * Medications
SAFETY AND SECURITY:

Vision:
- Able to see without glasses
- Needs glasses
- Able to read own menu
- Watches TV from
  - Medications

Skin integrity:
- Intact
- Reddened
- Location
- Blancing erythema
- Non-blancing erythema
- Incision/lesion wound
  - Medications

Location
- Approx. size in cms
- Appearance
- Treatment (dressings, etc.)
  - Medications

Duration
- Additional data:

Hearing:
- Responds to normal voice tones
- Hearing aid
- Deaf

Speech:
- Clear
- Garbled
- Incomprehensible

Mental status:
- Alert
- Lethargic
- Unresponsive
- Oriented to
  - Medications

Braden/Norton Score #
- Risk: High
- Moderate
- Low

LOVE AND BELONGING:

Client report of family/friends
- Next of kin (chart)
- Religious affiliation

Indicators - Cards
- Flowers
- Family pictures
  - Additional data:

SELF-ESTEEM:

Family role
- Occupation
- Appearance

Grooming equipment at bedside:
- Brush/comb
- Toothbrush
- Toothpaste
- Interest in other personal toiletries
  - Additional data:

SELF-ACTUALIZATION:

Client report of satisfaction with life
- Independence
- Creativity
  - Additional data:

ERIKSON'S STAGE OF DEVELOPMENT:
The client is at the following developmental stage and explain why:

*Always include name of medication, dose, route and time.