

BOOKS AND EQUIPMENT USED IN NURSING I (NUR 101)

REQUIRED:

Equipment

All nursing students are required to purchase a stethoscope and a penlight. In addition, a portable manual blood pressure cuff (sphygmomanometer) is recommended but not required.

Kaplan Nursing Card

The Basics Book, *Available only in the college bookstore*, text along with paid receipt must be shown to instructor on first day of classes. This will allow for online secure access to Kaplan homepage which provides **access for required tests and assignments**, as well as study skills workshops, practice tests, test results, remediation resources and NCLEX-RN® prep materials.

Halter

Foundations of Psychiatric Mental Health Nursing, 2014, 7th Ed. (ISBN 978145575358) (when available)

(This book is publishing a new edition August 19th and will not be available for purchase until then)

The following is a 5 book collection – El Sevier (ISBN for all 5 books: 9780323229067) Bundle price at our bookstore is 25% less than purchasing each book separately!

1. Potter & Perry

Fundamentals of Nursing 2013, 8th Ed. (ISBN 9780323079334)

2. Perry & Potter

Clinical Nursing Skills & Techniques, 2014, 8th Ed. (ISBN 9780323083836)

3. Ackley & Ladwig

Nursing Diagnosis Handbook, 2014, 10th Ed., Mosby (ISBN 9780323085496)

4. Cherry & Jacob

Contemporary Nursing: Issues, Trends and Management, 2010, 6th Ed. (ISBN 9780323101097)

5. Mulholland

The Nurse, the Math, the Meds: Drug calculations using dimensional analysis, 2011, 2nd Ed. (ISBN 9780323069045)

ISBN # for 5 book set (listed above) PRINT PLUS E-BOOKS is: 9780323258654

ISBN# for 5 book set (listed above) E-BOOKS ONLY is: 9780323233392

This is a 2 book collection – Custom Bookstore bundle package # OCCC101

*1. Van Leeuwen,
Poelhuis-Leth & Bladh

Davis's Comprehensive Handbook of Lab & Diagnostic Tests w/Nursing Implications, 5th Ed., F.A. Davis (ISBN 9780803636644)

2. Deglin & Vallerand

Davis's Drug Guide for Nurses w/CD ROM, 13th Ed., F.A. Davis (ISBN 9780803628342)

ISBN for BOTH of above books PLUS the optional Taber's (below) is 9780803637276

OPTIONAL BOOKS:

Taber's

Taber's Cyclopedic Medical Dictionary, 22nd Ed. (ISBN 9780803629783)

Nugent & Vitale

Test Success: Test- Taking Techniques for Beginning Nursing Students, 6th Ed., F.A. Davis (ISBN 9780803628182)

Dunham

How to Survive & Maybe Even Love Nursing School, 2008, 3rd Ed. F.A. Davis (ISBN 9780803618299)

American Psychological Association

Publication Manual of the American Psychological Association, 6th Ed. (ISBN 9781433805615)

Revised 5/20/13

SUNY ORANGE
DEPARTMENT OF NURSING
NURSING I READINGS – FIRST 3 WEEKS
FALL 2013

Week I (8/26)

NURSING AND HEALTH; WELLNESS; HEALTH CARE DELIVERY; ORIENTATION TO THE PROFESSION OF NURSING; INFECTION PREVENTION AND CONTROL

Readings: Books listed by author (See book list for titles):

Potter & Perry: Chapters 1, 2, 3, 4, 5, 6, 22, 28, 32

Mulholland: Chapter 1 (including math self-assessment)

Cherry: Chapters 1, 2, 3, 4, 5, 6, 7, 11

See Video list for each week's mandatory viewing

Laboratory readings are on weekly lab guide (to be handed out in class)

OUTLINE

I. Nursing and Health

- A. The Profession of Nursing
- B. Evolution of Professional Nursing
- C. The contemporary image of professional nursing
- D. Nursing licensure and certification

II. Health Care Delivery

- A. Hospital
- B. Community-based nursing care
- C. Self care

III. Professional Nursing

- A. Professional nursing practice
 - 1. Standards of practice
 - 2. Nurse practice acts
 - 3. Nursing organizations
- B. Educational preparation and career opportunities
- C. Nursing theory and conceptual frameworks
- D. Professional values in Nursing
- E. Standards of care
- F. Nursing research and evidence-based practice

IV. Conceptual Framework of Nursing at OCCC

- A. Lifespan development
- B. Nursing throughout the lifespan – Erickson
- C. Nursing Process
- D. Assessment of basic needs

V. Health and wellness

- A. Wellness health care
- B. Nursing in wellness
- C. Complementary and alternative medicine
- D. Health maintenance
- E. Financing of health care

VI. Infection Control

- A. Asepsis and infection control
- B. The body's defense against infection

VII. Dimensional Analysis

WEEK 2 (9/2)

THERAPEUTIC COMMUNICATIONS; STRESS&CRISIS; CULTUREÐNICITY; THE OLDER ADULT; COGNITIVE AND SENSORY ALTERATIONS; SAFETY& SAFE ENVIRONMENTS; HYGIENE

Readings:

Potter& Perry Chapters 9, 14, 24, 27, 33, 37, 39, 49

Mulholland Chapter 2

Halter Readings to include chapters on: Therapeutic relationships; Communication & the Clinical Interview; Responses to Stress; Crisis & Disaster; Psychosocial needs of the Older Adult (new edition of book not available until August 19th – readings will be updated at start of semester).

Cherry Chapters 10, 12, 18, 21, 22

Laboratory readings are on weekly lab guide

OUTLINE

I. Therapeutic relationships

- A. Social vs. therapeutic communications
- B. Self-awareness/Self concept
- C. Nurse-patient relationship

II. The communication process: the nurse-client relationship

- A. Factors that affect communication
- B. Verbal and non-verbal communication
- C. Therapeutic communication techniques
- D. Non-therapeutic communication techniques
- E. Effective communication and conflict resolution

III. Culture and Ethnicity

- A. What culture is – the characteristics of culture
- B. Culture and nursing care
- C. Cultural competency and social issues in nursing and health care

IV. Safety

- A. Characteristics of safety over the lifespan
- B. Self-care and hygiene – alterations in the levels of self care
- C. QSEN – quality and safety education for nurses
- D. Workforce advocacy and the nursing shortage

V. Sensory Perception

VI. Cognitive Processes

VII. Stress and adaptation

VIII. Crisis and disaster

IX. The older adult

- A. Physical changes
- B. Psychosocial needs of the older adult
 - 1. Depression, delirium, and dementia
 - 2. Pain
 - 3. Advanced directives

X. Dimensional analysis

WEEK 3 (9/9)

THE NEED FOR ACTIVITY AND EXERCISE; INTRODUCTION TO THE NURSING PROCESS; CRITICAL THINKING; TPR

Readings:

Potter & Perry Chapters 15, 16, 17, 18, 19, 20, 29 (pp. 441-458; 466-473; 476-478), 38

Mulholland Chapter 3

Ackley & Ladwig Preface: xx to xxii; section 1 (pp. 1-14).

Laboratory readings are on weekly lab guide

OUTLINE

- I. Mobility and body mechanics
 - A. Normal mobility
 - B. Alterations in mobility
 - C. Nursing management of patients with altered mobility
 - D. Guidelines for moving patients safely

- II. Nursing Process
 - A. Components of the nursing process
 - B. Sources of information
 - C. North American Nursing Diagnosis Association – NANDA
 - D. Problem solving, decision making, processing information and diagnostic reasoning
 - E. Nursing assessment
 - F. Nursing diagnosis
 - G. Outcome identification and planning
 - H. Implementation and evaluation
 - I. Using the Nursing Diagnosis Handbook

- III. Critical thinking

- IV. Assessing temperature, pulse and respiration
 - A. Temperature
 - B. Pulse
 - C. Respiration
 - D. Pulse oximetry
 - E. Alterations in TPR throughout the lifespan

- V. Dimensional analysis