DATE:Click here to enter a date. \_ Pt. Initials: \_\_\_\_\_\_\_\_\_\_\_\_ RM# \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Circle or check your assessment data. When you see \*\* you need to document in a narrative note for the patient’s chart further details of the assessment or problem identified, the treatment and the patient’s response to that treatment.**

**General Impression**

|  |  |  |  |
| --- | --- | --- | --- |
| **Time** | **Mentation**  4-Alert 3-Lethargic  2-Stuporous  1-Comatose | **Orientation**  5- Oriented to person, place and time  4-Confused but converses  3- Inappropriate words  2-Incomprehensible speech  1-Does not speak | **Emotional state**  CA-Calm  AN-Anxious  AG-Agitated  CO-Combative |
|  |  |  |  |
|  |  |  |  |

**Physiologic needs: Oxygenation**

**1.) Cardio Vascular Assessment**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Temp site – record with temp measurement**  O-oral  R-rectal  A-axillary  T-Tympanic | | **BP SITE – record where taken**  RUA-right upper arm  LUA –left upper arm  RLA-right lower arm  LLA-left lower arm  RLL-right lower leg  LLL-left lower leg  **PULSE SITE – record where taken**  R-Radial B-Brachial F-femoral  A-Apical O-other (location) | | | **SKIN COLOR**  N-Normal for ethnicity  F-Flushed  P-Pale  C-Cyanotic  M-Mottled  J-Jaundice | | **SKIN TEMP**  H-Hot  W-warm  C-Cool  O-Cold | **SKIN PALPATION**  D-Dry  M-Moist  C-Clammy/Diaphoretic | |
| **TIME** | **Temp** | **BP/site** | | **Pulse rate/site** | **Skin color** | | **Skin Temp** | **Skin palpation** | |
|  |  |  | |  |  | |  |  | |
|  |  |  | |  |  | |  |  | |
| **PULSE SITES – record which pulse sites assessed for pulse strength on each extremity**  **Upper** :R-radial U-ulnar B-brachial  **Lower**: F-femoral P-popliteal DP-dorsalis pedis PT-posterior tibial | | | **PULSE STRENGTH**  3+Bounding  2+Normal  1+ Weak  D-Doppler  A-Absent | | | **EDEMA**  0-None **Location**  TR-Trace H-Hand  1+ 3+ A-Arm  2+ 4+ F-Foot  G-Generalized A-Ankle  W-\*\* Skin Weeping T-Thigh  \*\*Requires further documentation | | | **CAPILLARY REFILL**  B- Brisk (< 3 sec)  M- Moderate (>3 sec, <5 sec)  S – Sluggish (>5 sec) |
| **Right upper** | | |  | | |  | | |  |
| **Left upper** | | |  | | |  | | |  |
| **Right lower** | | |  | | |  | | |  |
| **Left lower** | | |  | | |  | | |  |

**2.) Pulmonary Assessment**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **AIRWAY CODE:**  TR-Tracheostomy  L- Laryngectomy  N-No Artificial Airway | | | **OXYGEN THERAPY**  NV-Non-Invasive ventilator  TC-Trach Collar  NC-Nasal Cannula  VM-Venti-Mask  NRB-Non-Rebreather Mask  RA-Room Air  O-Other(requires comment | | | **SECRETIONS**  S-Small W-White  M-Moderate Y-Yellow  C-Copious G-Green  TN-Thin T-Tan  TK-Thick F-Foul BT-Blood-Tinged N-None | | **INTERVENTION:**  CPT-Chest Physiotherapy  IS-Incentive Spirometry  S-Suction | |
| **TIME** | **RR** | **Air-way** | **O2 therapy** | **O2 Flow** | **Pulse Oximetry** | **Cough** | **Secretions** | **Intervention** | **Hx. of SMOKING** |
|  |  |  |  |  |  | * No * Yes |  |  | * No * Yes |
|  |  |  |  |  |  | * No * Yes |  |  | Packs per dayClick here to enter text. |

**3.) Fluid and Electrolytes Assessment**

|  |  |  |  |
| --- | --- | --- | --- |
| **Skin Turgor: MUCOUS MEMBRANES**  N-Normal TD-Tongue Dry  P-Poor LD- Lips Dry/Cracked  TM – Tongue Moist  LM - Lips Moist | **Fluid Intake**  Thirst-Presence of thirst  Yes No  Nausea/ Vomiting\*\*  Yes No  NPO Yes No  Fluid Intake previous 24 hrs. Click here to enter text.  \*\*Requires note | **Fluid Restriction Previous 24 hrs.**  Yes  No  **Fluid Restriction amt. for 24 hrs. and distribution every shift.**  **Total mL** Click here to enter text.  **Day shift** Click here to enter text. **Night shift** Click here to enter text. | **IV Infusion**  **Yes  No**  **Site Flush**  **Yes  No**  **IV D/C \*\***  **Yes  No**  **\*\* Note needed** |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Time** | **Skin Turgor** | **Mucous Membranes** | **Fluid Intake for shift** | **Fluid allowed for shift** | **IV site location/ Condition/**  **Pain\*\* Note needed** | **IV Solution and rate** |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

**4.)** **Nutrition Assessment**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Ordered Nutrition**  R-Regular T-TPN/PPN  S-soft  P-Pureed  CL-Clear liquid  NPO-Nothing by mouth  E-Enteral feeding (type)  O-other (specify) | | **Dentures**  U-Upper  L- Lower  B- Both  O-Own  N-None  P-Partial | **Problems**  E-Eating  S-Swallowing  H-Heartburn  T-Taste  C-chewing  N-None | **Change in Weight**  Yes\*\*  No  \*\* Note needed |  | | **Dietary Supplement type**  Click here to enter text. |
| **% of meal consumed** | **Ordered nutrition** | **Dentures** | **P**roblems | **Weight** | **Height** | **Dietary Supplement**  **(Amount taken)** | |
|  |  |  |  |  |  |  | |
|  |  |  |  |  |  |  | |

**5.) Elimination Assessment**

**5a. GI assessment**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ABDOMEN INSPECTION:**  F-Flat  D-Distended  O-Obese  C-Concave  **Colostomy**  Yes\*\* requires note  No | | **BOWEL SOUNDS**  3+ Hyperactive  2+ Normal  1+ Hypoactive  0-Absent | **PALPATION**  S-Soft  F-Firm  R-Rigid  N-Guarding  NT-Non-Tender  T-Tender | **Bowel movement**  **Size**  S-small  M-medium  L-large | **DRAINAGE COLOR:**  G-Green  BR-Brown  BL-Black  Y-Yellow  R-Red  CG-Coffee Ground  N/A-Not applicable | **GI Tube type**  Salem sump  Feeding tube ☐  PEG  J-Tube  **Placement confirmation method:**  Aspiration  Air bolus  X-ray  Date Click here to enter text. | | **TUBE SUCTION:**  LIS-Low Intermittent Suction  LCS-Low Continuous Suction  G-Gravity Drainage  C-Clamped | |
| **Time** | **Inspection** | **Bowel**  **Sounds** | **Palpation** | **BM**  **(Size, Color**  **Consistenc**y) | **Drainage**  **Color** | **Tube type** | **Tube Location:**  **(e.g., left nare, RUQ)** | **Tube suction** | **Residual/ amount of drainage or vomit** |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |

**5b.) GU assessment**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **GU CATHETER: type**  I-Indwelling  S-Straight  SP-Suprapubic  N-Nephrostomy  N/A-not applicable | | **URINE COLOR:**  Y-Yellow A-Amber N-Colorless  B-Brown O-Orange R-Red  P-Pale D-Dark | | | **CLARITY**  C-Clear  T-Turbid | **SEDIMENT**  P-Present  0- None | **TOILETING**  S-Self  A-BRP w/assist  C-Bedside commode  I-Incontinent @ times  B-incontinence brief |
| **TIME** | **Catheter type** | **Days in place** | **Urine Color** | **Amount voided/emptied** | **Clarity** | **Sediment** | **Toileting** |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

**6.) Mobility & Activity**

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| --- | --- | --- | --- | --- | --- | --- |
|  | **ROM: RANGE OF MOTION:**  A-Active  P-Passive | **Strength**  0-No movement  1-Trace  2-Movement but not against gravity  3-Movement against gravity but NOT against resistance  4-Movement against Gravity AND against some resistance  5-Full power | **AMBULATION**  S-Self  A-Assist  W-Walker  CR-Crutches  CA-Cane  PT-Physical therapy | **RVS-REDUCED VENOUS STASIS INTERVENTIONS**  S-Elastic Stockings on  O-Elastic Stockings off  A-Ace wraps  M-Sequential Compression Machine  F-Foot Pump On | **REPOSITIONING:**  R-Right Side  L-Left Side  S-Supine  P-Prone  O-OOB to chair | **BED POSITION:**  F-Flat  L-Low Fowler’s  SF-Semi-Fowler’s  HF-High-Fowler’s  T-Trendelenburg  RT-Reverse Trendelenburg |
| **TIME** | **ROM** | **Strength**  **RU/LU/RL/LL** | **Ambulation** | **Reduced Venous Stasis Interventions** | **Repositioning & time** | **Bed Position** |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

**7.) Rest and Sleep (Check mark response)**

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| --- | --- | --- |
| **Assessment of Sleep Pattern**  Difficulty falling asleep  Difficulty staying asleep longer than 4 hrs.  Uses a prescription sleep aide nightly Drug name:  Uses an OTC sleep aide, nightly Drug name:  Denies sleep disturbance. | **Sleep Aides/Methods tried with or without success.**  Click here to enter text. | **Patient’s rest, sleep goal:**  Click here to enter text. |

**8.) Pain**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **DESCRIPTION of PREDOMINANT PAIN:**  P-Prickling SH-Sharp  A-Aching ST-Stabbing  B-Burning PR-Pressure  T-Throbbing O-Other | **Pain scale used**  **N-Numeric**  **F-Faces**  **P- PAINAD**  **V-Verbal descriptor** | **FREQUENCY of Pain:**  C-Constant  E-Episodic  WM with Movement  WB with breathing | **What worked in the past?**  Click here to enter text. | **INTERVENTIONS:**  P-Pharmacological H-Heat  R -Relaxation C-Position for comfort  I-Imagery E-Emotional Support  D-Distraction Q-Quiet Environment  M-Massage O-Other |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **TIME** | **Location** | **Description** | **Intensity (0-10) and scale used** | **Frequency** | **Intervention**  **\*\* Note required** |
|  |  |  |  |  |  |
|  |  |  |  |  |  |



0 1 2 3 4 5 6 7 8 9 10

No Pain Mild Pain Moderate Pain Severe Pain Worse possible pain

**PAINAD scale (Pain Assessment in Advanced Dementia)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item** | 1 | 2 | 3 | Score |
| **Breathing independent** **of vocalization** | **Normal** | **Occasional labored breathing. Short period of hyperventilation** | **Noisy labored breathing. Long period of hyperventilation. Cheynes-Stokes respirations** | Click here to enter text. |
| **Negative vocalization** | **None** | **Occasional moan or groan. Low level speech with a negative or disapproving quality** | **Repeated troubling calling out. Loud moaning or groaning. Crying.** | Click here to enter text. |
| **Facial expression** | **Smiling or inexpressive** | **Sad, frightened, frown** | **Facial grimacing** | Click here to enter text. |
| **Body language** | **Relaxed** | **Tense. Distressed pacing. Fidgeting** | **Rigid. Fists clenched. Knees pulled up. Pulling or pushing away. Striking out.** | Click here to enter text. |
| **Consolability** | **No need to console** | **Distracted or reassured by voice or touch** | **Unable to console, distract or reassure** | Click here to enter text. |

**Total** Click here to enter text.

**Safety and Security needs**

**9.) Skin and Safety Assessments**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **SKIN CONDITION:**  I-Intact  N-Non-Intact \* \*(Requires further documentation)  **WOUND TYPE:**  P-Pressure ulcer  S-Surgical wound  L-Laceration  A-Abrasion  E-Ecchymosis  R-Rash | **DESCRIPTION**  B-Blanching Erythema  Stage I (Non-Blanching Erythema )  Stage II: (Skin open to superficial layer)  Stage III (Skin open to SC tissue layer)  Stage IV (Skin open to muscle or bone)  U-Unstageable – Eschar present  DTI-Deep tissue injury | **BATH**  C-Complete  P-Partial  S-Self  A-Assist | **SIDE RAILS:**  4-4 Rails Up  3-3 Rails Up  2-2 Rails Up  1-1 Rail Up  0- Side Rails | **\*\*BRADEN SCALE SCORE#\_\_\_\_\_ HIGH**  **MED**  **LOW**  **\*\*FALL RISK Score # \_\_\_\_\_**  **HIGH**  **MED**  **LOW**  **Fall risk scale used** Click here to enter text. |
| **Wound type/Size (cm)/Location** | **Description (wound and drainage)** | **Bath** | **Siderails** |  |
|  |  |  |  |  |
|  |  |  |  |  |

**Love and Belonging needs**

**10.) Psychosocial Assessment**

|  |
| --- |
| **Client report of Family/Friends:** Click here to enter text. **Next of Kin (Ask) \_**Click here to enter text.**\_\_**  **Religious Affiliation\_**Click here to enter text. **Indicators—Cards,  Flowers  Family Photos Additional Data**Click here to enter text. |

**Self-Esteem needs**

|  |
| --- |
| **Family Role\_**Click here to enter text.**\_\_\_\_ Grooming equipment at bedside:**    **Occupation**Click here to enter text.**\_\_\_\_\_\_\_ Brush/Comb Toothbrush  Toothpaste**  **Other Toiletries:**Click here to enter text.**\_\_\_\_\_\_**  **Additional Data:\_**Click here to enter text. **Interest in appearance\_**Click here to enter text.**\_\_\_\_\_** |

**Self-Actualization needs**

|  |
| --- |
| **Client report of satisfaction with life: \_**Click here to enter text.**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Independence: \_**Click here to enter text.**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Creativity:\_**Click here to enter text.**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Additional Data:** Click here to enter text.**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |

**ERICKSON’S STAGE OF DEVELOPMENT: (1) State the Developmental Stage the client is exhibiting. (2) Include what part of the stage best represents the client’s behavior and WHY you feel this is the part of the stage the client is exhibiting? (**Make sure you explain your decision process in your explanation.)

|  |
| --- |
| Click here to enter text. |

**Nurses Note – Enter assessment details, problems, interventions and outcomes**

|  |
| --- |
| Click here to enter text. |